



Current Needs

Please note we can NOT accept any homemade products like preserves, baked goods, etc. no matter how tasty they might be. This is due to food safety regulations.

Currently we could use more:

- Peanut Butter (crunchy and plain)
- Oral Hygiene items (toothpaste, and especially, toothbrushes & floss)
- Applesauce (6 packs preferred)
- Hot Cereal
- Meals in Cans – Beef Stew, Chili, Beef Ravioli, Hash, Spaghetti O's, Spaghetti & Meatballs
- Rice/pasta helpers (rice/pasta sides, rice-a-roni, pilaf, etc.)
- Canned fruit (no sugar added)
- Canned Vegetables
- Feminine Hygiene items (sanitary napkins, poise pads)
- Shower size bars of soap
- Ketchup, mayonnaise, yellow mustard
- dish soap and laundry detergent
- Hearty Soups (low-sodium would be helpful)
- Broth (chicken, beef, or vegetable)
- Canned chicken, salmon and tuna

Items we do not need at this time:

- Open, used or expired items
- Soda and protein drinks
- Juice boxes
- K-cups
- Baby food (we make sure eligible families are getting WIC benefits)
- Miscellaneous condiments (just ketchup, mayo, mustard & salad dressing please)
- Candy
- Cookbooks, magazines, and other books
- Diapers (We get them from the Vermont Diaper Bank)

Please note: we offer the list immediately above because our food shelf and storage spaces are very limited, and we either have plenty of these items or they are just too difficult for us to store!